Marion Unit #2 K-12 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
11	12	13	14	15
		Biscuits &	Pancake Wrapped	Sausage, Egg &
No School	No School	Sausage Gravy	Sausage Link	Cheese Biscuit
Teacher Institute	Teacher Institute		w/Maple Syrup	
18	19	20	21	22
Oatmeal	Cheddar Cheese	Biscuits &	Homemade	Sausage, Egg &
OR	Omelet &	Sausage Gravy	Muffins	Cheese on
Yogurt	Sausage			English Muffin
25	26	27	28	29
Oatmeal	Scrambled Egg &	Biscuits &	Homemade	Sausage, Egg &
OR	Cheese Taco	Sausage Gravy	Cinnamon Rolls	Cheese on Bagel
Yogurt Parfait	w/Sausage			
w/Granola &				
Fruit				

	Breakfast	Lunch
Student	\$2.25	\$3.50
Reduced	\$0.30	\$0.40
Adult	\$3.25	\$4.50

Cereal, Toast & Jelly
Offered Daily as Alternative
All Meals Served with Fruit
or Juice & Milk

Offer VS. Serve

Students do not have to take all food items, but at breakfast they must take 3 items including the juice or fruit. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and one item must be a fruit or vegetable.

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF FOOD

Rhonda Woods, Food Service Director 618-993-2321 rwoods@marionunit2.org

Marion Unit #2 is an equal opportunity provider and employer.

Marion Unit #2 K-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
B	CON C			
11	12	13	14	15
		Chicken Sandwich	Hot Dog	Pizza
		OR	OR	OR
No School	No School	Spicy Chicken	Grilled Cheese	Deli Sandwich
Teacher Institute	Teacher Institute	Sandwich	Sandwich	
		Macaroni & Cheese, Green Beans, Fruit	Carrots w/Ranch, Fruit Juice, Cookie	Corn, Lettuce Salad, Jello w/Fruit
18	19	20	21	22
	Corndog	Chicken Nuggets	Nachos	Pizza
	OR	OR	OR	OR
	Grilled Cheese Sandwich	Fish Sticks	Beef Quesadilla	Deli Sandwich
French Fries,	Chips, Green Peas,	Mashed Potatoes,	Refried Beans, Fruit	Corn, Lettuce Salad,
<u>-</u>	Fruit Juice, Cookie	Green Beans, Fruit	Juice, Cake	Jello w/Fruit
	26	27	28	29
	Chef Salad	Chicken Sandwich	Pulled Pork Sandwich	Pizza
3	OR OR	OR Sandwich	OR OR	OR
	Hot Ham & Cheese	Spicy Chicken Sandwich	Fish Sandwich	Deli Sandwich
French Fries,	Bread Stick,		Chips, Steamed	Corn, Lettuce Salad,
	Cauliflower w/Ranch,	Macaroni & Cheese,	Broccoli w/Cheese,	Jello w/Fruit
				

	Breakfast	Lunch
Student	\$2.25	\$3.50
Reduced	\$0.30	\$0.40
Adult	\$3.25	\$4.50

Offer VS. Serve

Students do not have to take all food items, but at breakfast they must take 3 items including the juice or fruit. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and one item must be a fruit or vegetable.

AfterCats Snacks
Monday – Chips
Tuesday – Yogurt
Wednesday – Cereal
Thursday – Fruit Cup
Friday – Oreos

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